



Heart 'n Hands Mission

Love. Care. Serve

Life's most persistent and urgent question is, "What are you doing for others?"
- Dr. Martin Luther King, Jr.

Blessing Bag Program Announcement

In lieu of our annual Blessing Bag Project, the Heart 'n Hands Mission Board has decided to focus on providing much-needed Care Kits on a regular basis throughout the year to our sites that provide services to the homeless. Our goal is to assemble a minimum of 150 Care Kits for distribution every month. Each Care Kit fits in either a sandwich or quart size food storage bag. Our homeless friends depend on these donations to help them maintain good health and hygiene.

Assembling Care Kits can be a wonderful service project for groups of any age!



Shave Care Kits for Men or Women

- 2 razors
- 2 oz. travel shave cream
- 1 travel pack of tissues
- 8 Band-Aids
- 2 antibiotic ointment packs

Shower Care Kits for Men or Women

- 2 oz. travel size shampoo
- 2 oz. travel size body wash
- 1 oz. travel size Gold Bond powder
- 2 oz. travel size lotion
- 2 oz. travel size deodorant

Dental Care Kits

- Chapstick
- toothbrush and cap
- travel size toothpaste
- pack of sugar free gum or mints
- floss or 30 flossers in a snack bag