



Heart 'n Hands Mission

St. Timothy Lutheran Church
July 2015 Inaugural NEWSLETTER

Your Grandmother's Cupboard Northeast New Jersey has a **NEW NAME!** The **Heart 'n Hands Mission** has become an official ministry of **St. Timothy Lutheran Church** in Wayne, New Jersey. We, the volunteers, are in the 5th year of this ministry in Wayne and we are committed to continuing our mobile outreach program, serving the needs of the homeless and working poor in Northeast New Jersey. Our friends in need have developed relationships with our volunteers and they look forward to seeing us each month. The **Heart 'n Hands Mission** will continue to provide good quality clothing and personal care items to our gathering sites with our monthly distributions and continue to support other local groups as we are able.

Love. Care. Serve.

The volunteers of the **Heart 'n Hands Mission** are sincerely grateful to the **Church Council** and the **Congregation of St. Timothy**, and to **Pastor Robert Mountenay** for the opportunity to continue serving our community as a ministry of the church. Pastor Mountenay has been a staunch supporter of our small group of volunteers since we began over four years ago and was instrumental in providing space for us to work and store clothing within the church's facility. Pastor Mountenay regularly includes the work we do for those less fortunate in his sermons; he has been on a number of runs to our distribution sites and has participated in our Days of Service. It was a natural progression that our ministry become part of the new Outreach Committee formed at St. Timothy last year. And now, the Church Council of St. Timothy has given their approval for our group to become a special interest organization within the church.

We want to recognize **Jean and Clark Paradise, founders of Your Grandmother's Cupboard**, for their inspiration and dedication to the homeless and working poor throughout New Jersey. We have appreciated their faith in our small group as we worked together to fulfill their mission. We sincerely thank everyone who has supported Your Grandmother's Cupboard Northeast New Jersey over the last four years and we look forward to continuing our good works as the **Heart 'n Hands Mission of St. Timothy Lutheran Church**.

We welcome you to join our **new** Facebook Page – Heart 'n Hands Mission and receive news and information by adding your name to our **new** Friends of the Mission email list by sending a message to info@heartnhandsmisson.org. Please watch for news about our new website www.heartnhandsmisson.org. We are all very excited about this new chapter in our lives as we work together with the congregation of St. Timothy to help our friends in need as we continue to **Love. Care. Serve.**

We will continue to sort clothes and prepare them for distribution on most Mondays from 10 am – noon. All are welcome to join us at any time! Our winter storage is filled to capacity so we can only accept in-season (summer) clothing at this time. If you can hold on to your winter clothing items until our fall announcement that would be much appreciated. Thank you!!

A Message from
Pastor Robert Mountenay
Of St. Timothy Lutheran Church,
Wayne



In Matthew 25 Jesus describes the commendation of the righteous at the end time, saying, “I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing.” The righteous are surprised at these words and ask, “When did we see you” in these straits? The Lord responds, “Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.” The response of the righteous in Jesus’ story is automatic – there is no expectation of reward – they do what comes naturally!

Heart ‘n Hands Mission serves the poor, not because its volunteers want rewards or recognition, but because God wants us to address human need in our communities. The work of Heart ‘n Hands is a loving response to God’s generosity to us. God’s people do God’s will, and, as we perform God’s will, those whom we serve encounter God.

God has called us to love our neighbors as ourselves (Leviticus 19:18). Recently I had the opportunity to join Heart ‘n Hands on a distribution run to Hoboken. I’m always struck by the enthusiasm and gratitude of the people we serve. As soon as the van pulls up to the door of St. Matthew Trinity Lutheran Church, Hoboken, a group of clients emerge from the church’s Fellowship Hall. They eagerly carry boxes of clothing into the church and assist in organizing and setting them out on tables. The distribution itself is orderly, and a majority of the recipients of our donated clothing thank us for remembering them through these gifts. I’m often struck by the energy and intelligence of our clients and I’m reminded what a fine line there is between prosperity and poverty. Spending time among these poor and homeless people, I recognize that they truly are my neighbors.

I’m thrilled to welcome Heart ‘n Hands Mission as an official ministry of St. Timothy Lutheran Church. Through this ministry we have been blessed to be a blessing to our urban neighbors. Now, through this natural progression, we’ll continue to serve as we have been served.

Peace be with you,

Pastor Robert M. Mountenay

The Heart 'n Hands Mission Board

Bob Davidson	President
Rich Wantula	Vice President
Lori Van Der Stad	Secretary
Cathe Davidson	Treasurer
Barbara Kaplan	Operations Manager
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Kathy Jones-Smith	Outreach Coordinator
Craig Beyer	Publicity Chair
Marie Beyer	Care Committee Chair
Robin Koegel	Special Activities
Rev. Robert Mounenay	St. Timothy Lutheran Church
Cory Knittel	Web Master

Heart 'n Hands Mission
St. Timothy Lutheran Church
395 Valley Road, Wayne, NJ 07470
973-694-8316 Mailbox # 6

For more information on how you can help or make a contribution, please contact the Mission by calling the Church Office at 973-694-8316 and leaving a message in MAILBOX # 6.

info@heartnhandsmission.org

www.heartnhandsmission.org





Please Mark Your Calendars for 2015

September 13th - Our 3rd annual Blessing Bag ~ Kickoff for Kindness

We will begin accepting Blessing Bag donations at St. Timothy's "God's Work. Our Hands" event in Fellowship Hall after worship.

Please help us reach our goal of **800 Blessing Bags** this holiday season to serve the needs of all the homeless individuals and working poor families who are supported by the **Heart 'n Hands Mission**.

Our Blessing Bag program flyer is on page 5.

The Heart 'n Hands Mission Fundraiser – Save the Date

Please join us and support Heart 'n Hands Mission of St. Timothy with a meal at Positano's - 245 Berdan Ave., Wayne, NJ.

Thursday, October 8th

More information will be sent via email in the coming weeks.

If you would like to be added to our email list, please send a note to:

info@heartnhandsmission.org

Day of Service Event

St. Timothy Lutheran Church Fellowship Hall ~ 395 Valley Road, Wayne
Please join us as we sort and prepare clothing for our monthly distributions.

Monday, October 12th ~ Columbus Day of Service - 10 am – 3 pm

STUFF THE BUS/CLOTHING COLLECTION

Heart 'n Hands Mission and The Homeless Bus are joining forces in Montville on
Sunday, October 18th

Please bring your donations to the **Montville Township Senior House**, 356 Route 202, Montville from 1 – 3 pm.

Heart 'n Hands Mission is requesting new and gently used clean winter clothing for all ages and genders. Especially NEW men's white crew socks, men's clothing and winter coats, warm gloves, hats and boots, blankets, sleeping bags and bedding.

The Homeless Bus is requesting bottled water, individually wrapped snacks/cookies/cakes/nuts, hot chocolate packets, Nissin Cup-o-noodle soup and Maruchan instant lunch, juice boxes, Gatorade and Yoo-hoo.

Please email the Mission at **info@heartnhandsmission.org** for more information on upcoming events.



Kickoff for Kindness ~ Blessing Bag Project

The 2015 Kickoff for Kindness ~ Blessing Bag Project will officially begin on September 13th. In our efforts to expand this program, help more friends in need AND help make your shopping easier - we have a suggestion: purchase 1 or 2 items each time you are out shopping. Other helpful hints:

- **TRAVEL SIZE** toiletries can be expensive in certain stores so look for bargains!
- Most items on the list can be purchased for less than \$1 in stores like Target, Harmon, Dollar Stores and Big Lots.
- Some items are sold in multiples – this cuts down on the overall cost per bag.
- **Travel size** toiletries are the key to fitting everything comfortably in a gallon size Ziploc bag.
- It is also important to stick to the list – 1 one of each item unless stated otherwise.
- **Please do not** substitute or add additional items and **please** check expiration dates!
Items should not expire before March 2016 !
- If you are unable to complete a bag we welcome individual items to fill another bag.
- Monetary donations are always welcome.
- **We will gladly accept your donations from Sunday, September 13th through December 1, 2015.**
- Thank you for your continued support of the Blessing Bag Project!

Each GALLON SIZE Ziploc Blessing Bag for an Adult should include:

Travel size Toothpaste	Toothbrush
Travel size Mouthwash	Deodorant
Travel size Shampoo	Bar of Soap
Travel Size Shave Gel	Disposable Razor – 2
Travel size Lotion	Band-aids – 5/6
Travel Size Hand Sanitizer or Antibacterial wipes	Chapstick
Travel Size Gold Bond Medicated Powder	Q-Tips - 30
Travel size Body Wash	Small Dental Floss or 30 flossers in a snack size bag
Pocket Pack of Tissues	Comb or small brush
Pack of Hand warmers - 1	Granola or Protein Bar - 1
Gum or Lifesavers – 1 pack	2 small Slim Jims or 1 pack of Snack Crackers
8 oz. water bottle - 1	

You may also wish to add a note of encouragement or holiday cheer!

DURING OUR BLESSING BAG PROJECT WE WILL ALSO COLLECT:

Warm Hats

Adults White Crew Length Socks

Warm Gloves

These items can be donated separately from the Blessing Bags

Blessing Bags, toiletries, hats, socks and gloves can be placed in the collection basket at the top of the stairs to the sanctuary or in The Caring Corner (the orange room) across from the elevator.

FYI: we do collect unused Hotel toiletries for distribution throughout the year.

Please remember the homeless while you are traveling!

Hotel toiletries can be placed in our collection basket at any time.