



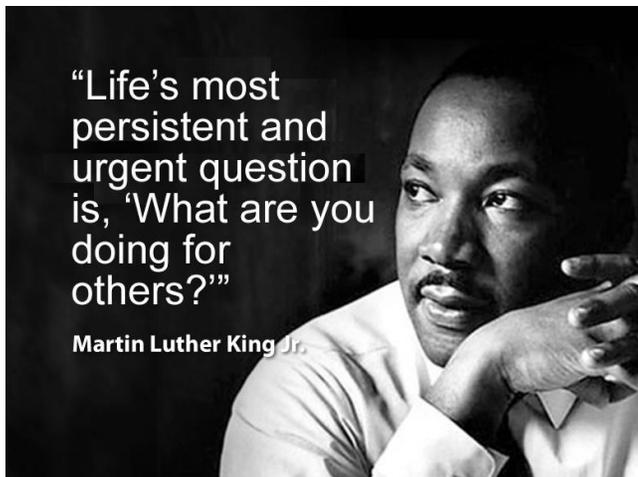
Heart 'n Hands Mission

An Outreach Ministry of St. Timothy Evangelical Lutheran Church Spring 2022 NEWSLETTER

Our mission is to collect and provide clothing and other necessities to the homeless and working poor of Northeastern New Jersey and to raise awareness of the plight of the homeless and working poor in this area and beyond.

Heart 'n Hands Mission of St. Timothy Lutheran Church is an Outreach Ministry which provides quality donated clothing and personal care items to the homeless and working poor at five food pantries, soup kitchens and community outreach programs in Paterson, Passaic and Hoboken. We also assist an impoverished congregation in Newark, the Broad Street Benches program in Elizabeth, the Light Up Project in Palisades Park, GERA – a refugee assistance program in Paterson, and provide clothing for Veterans and their families through Catholic Charities in Paterson, Passaic and Clifton. We are in our twelfth year of service in Wayne, reaching more than **3,000** people with our monthly distributions. In addition, we support Wayne Interfaith Network and members of the Wayne community. Heart 'n Hands Mission is 100% volunteer and 100% of all monetary donations go directly to meet the needs of the homeless and working poor.

Dr. Martin Luther King, Jr. Day



Amid the continuing spread of Covid and its variants, Heart 'n Hands Mission suspended all of our traditional days of service for the last two years. In an effort to stay connected to our supporters, as well as provide necessities to those we reach each month, we launched our Amazon Wish List on January 12, 2021, and invited everyone to participate in a virtual National Day of Service. We received many donations of warm socks, razors, shave cream, deodorant and personal hygiene products as well as monetary donations from generous supporters in honor of Dr. Martin Luther King, Jr.

In our January 2022 newsletter, we offered another option to honor Dr. King. We encouraged our supporters to create Care Kits for the Homeless or to donate Care Kit items from our Amazon Wish List. Unfortunately, our Care Kit supplies have dwindled with so many electing not to travel. In addition, many hotels no longer supply travel size toiletries. And yet, these small personal care items are a necessity for our homeless population.

We were thrilled to receive our first donation of 18 Care Kits from **Matthew Shapiro**, a National Honor Society student at Wayne Valley High School, on Dr. Martin Luther King, Jr. Day. Thank you, Matthew! We appreciate your donation and your prompt reply! We also received a number of donations from our Amazon Wish List, as well as monetary donations and we thank the following people for supporting our Care Kit Campaign:

Karen & Tom Sajban
Kathleen Lai

Marion Flotard
Mary Laverack

William & Lynn Page
Anonymous

Our Care Kit campaign will be on-going in 2022. In the last two months, we have been able to distribute **288 Care Kits!** We hope to continue distributing a minimum of 100 Care Kits each month to our homeless friends in Hoboken, Paterson, Elizabeth and Palisades Park. Shower Care Kits, Dental Care Kits and Shave Care Kits are always needed.

Assembling Care Kits can be a wonderful service project for groups of any age! For more information on how you can support our Care Kit campaign, please refer to the flyer on page 7. And please remember the homeless when you get back to traveling! New, unused hotel toiletries are always needed as well!

Mission Board Day of Service

On Sunday, January 23rd Mission Board Members and family members met after worship to prepare cold weather purchases for delivery. It is our hope that these items brought warmth and comfort to our homeless friends in Hoboken and Paterson. We are grateful for the generous donation from **Airbus Americas** on behalf of **Jeff and Kathy Knittel** that enabled us to purchase the following:

240 pairs of thermal socks
144 adult hoodies

108 pairs of men's boxers
72 pairs of thermals

72 pairs of women's briefs
168 fleece blankets

We thank Barbara and Pat Kaplan, Lou Warner, Rich Wantula, Bob and Cathe Davidson, Craig and Marie Beyer and Lori VanDerStad for helping. Many hands do make light work! These deliveries were made the following week to St. Matthew's Lunchtime Ministry in Hoboken, Catholic Charities – Supportive Services for Veteran Families (SSVF) in Paterson and the St. Paul's Community Development Corp. Men's Shelter also in Paterson.

Hats, Scarves, Mittens and Headbands, Oh My!

We are blessed to have so many talented supporters! In our last newsletter, we thanked **Carrol Norton** for her donation of Caps for Kids. We have also received crocheted hats, scarves and mittens from **Kathleen Grip**. In January, we received another donation of scarves and headbands from **Deborah Kornblauw** for Scott Frankel's Mitzvah Project. Our friends in need have been warmed by your talents and by your caring! Thank you.



Christ House Food and Clothing Center



In February we learned of Christ House, a food pantry and clothing ministry of St. Luke Community Development Corporation, an outreach of St. Luke Baptist Church in Paterson. We were able to immediately provide children's coats, hats, gloves, and scarves, and in March delivered men's and women's business clothing.

Christ House, opened in 1998, provides fresh food and quality pre-owned clothes to families in need and assists individuals entering the workforce. We are grateful for the opportunity to work with Christ House to provide support in their community.



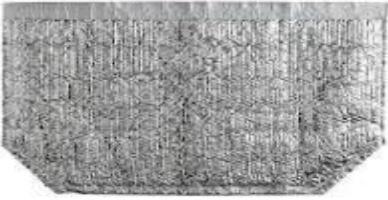
This month, we received another anonymous donation of feminine hygiene products from the Aunt Flow organization. This non-profit was “founded by an 18-year-old girl from Ohio, on a mission to ensure everyone has access to 100% organic cotton menstrual products.” The women we reach will be truly grateful for this gift!

Easter Blessings

We are grateful to **Amy Mikelis** for, once again, blessing us with Easter gifts! Twenty Easter Baskets and 11 Easter Bags were distributed through Catholic Charities – Supportive Services for Veteran Families. Each Easter gift was filled with candy, snacks and a small stuffed animal or toy. We thank Amy for this wonderful donation and **Adrian of SSVF** for picking up the baskets in time for Easter.



Food Delivery Insulated Bags



Do you use a food delivery service? Heart 'n Hands Mission needs your insulated bags! Please save them for us and bring them to the Mission on Mondays from 9 am – 11:30 am. THANK YOU!



Our Amazon Wish List is updated regularly to reflect the needs of the sites we deliver to each month and includes items that we do not typically receive through donations. We distribute these necessities to men's homeless shelters, food pantries and community resource centers that serve homeless individuals and impoverished families.

Please look at our Wish List at [Heart 'n Hands Mission Amazon Wish List](#) and see how you can help others in need. If you would prefer to make a monetary donation, you may send your donation to:

Heart 'n Hands Mission
St. Timothy Lutheran Church
395 Valley Road
Wayne, NJ 07470



We send our sincere thanks to our faithful **Monday Sorting Team Members** under the wonderful direction of **Barbara Kaplan**. We are so grateful for your time!

Our Monday Morning Sorting Team:

Lois Clapp, Carol Cook, Vicki Coyle, Cathe Davidson, Ellen Grexa, Pat Kaplan, Sarah Riotto, Ann Rocko, Mona Mosser and Lou Warner

Our Delivery Team:

Bob Davidson

Our Staging and Loading Team members:

Bob and Cathe Davidson, Barbara and Pat Kaplan, and Lou Warner.

We are incredibly grateful to all of you for your dedication and service to Heart 'n Hands Mission.



We are always looking for volunteers to help sort clothing, assemble Care Kits, or be a delivery partner.

Do you have an hour or two to spare on a Monday morning? Are you available for a few hours on a Monday or Tuesday to help with a delivery? Could you be available at 7:30 am on a Monday morning to meet someone at the Mission for a distribution pick up? Are you a member of a social group that would like to assemble and donate Care Kits for our homeless friends?

The Mission is open for sorting on Monday mornings from 9 am – 11:30 am. Deliveries are on Mondays and Tuesdays. Please speak to Barbara Kaplan or Bob Davidson to say, “YES, I would love to help!”

Thank You

We send a huge thank you to everyone who has given so generously to Heart ‘n Hands Mission. Every donation makes a difference to those who have so little.

We thank all of you who quietly leave donations in Fellowship Hall each week and those we see each Monday. Your support is invaluable to our mission and your donations bring joy and comfort to so many each month.

We are also grateful to our friends who continue to spread the word about the Mission and regularly collect and deliver donations from their friends and relatives.

We thank the following supporters for their specific donations:

- Glenn Schmidt – large size toiletries
- Dr. Wanatick – cases of toothpaste
- Anonymous – a case of hand wipes
- Anonymous – feminine hygiene products

We thank Art and Sandy DeRose for joining us to sort clothing when they had some extra free time!

We also send our heartfelt thanks to the following supporters who have blessed us with monetary donations to our general fund since our January newsletter. Your donations will make it possible for us to continue to deliver much needed clothing and necessities through our mobile ministry.

Patrons of the Montville Diner
Mary Laverack

Carol Neilson

And so, the work of the Mission continues.



You never really know the impact
a little kindness can have on someone.
www.ripplekindness.org
Usually it helps brighten their heart a little,
but every so often it serves as the hope they
need to make it through another day.

- Lisa Currie



Love. Care. Serve.



Heart 'n Hands Mission
St. Timothy Lutheran Church
395 Valley Road, Wayne, NJ 07470
973-694-8316 Mailbox #6

info@heartnhandsmission.org

www.heartnhandsmission.org

[Heart 'n Hands Mission Amazon Wish List](#)





Heart 'n Hands Mission Love. Care. Serve.

Life's most persistent and urgent question is, 'What are you doing for others?'
-Martin Luther King, Jr.

Due to the decline in travel since the COVID-19 pandemic began, donations of hotel size toiletries have all but ceased. You can help by donating these Care Kits or Care Kit Items. These items can be for men or women:

Shave Care Kits

In a sandwich size bag:
2 razors
2 oz Travel shave cream
Travel pack of tissues
8 Band-Aids

Dental Care Kits

In a super-size sandwich bag:
Toothbrush and Cap
Toothpaste
Floss or 30 Flossers
Chapstick
Sugar Free Gum

Shower Care Kit

In a sandwich size bag:
Shampoo
Travel Size Body Wash
Travel Gold Bond Powder
2 oz Skin Lotion
Deodorant



You can donate these items and other necessities from our [Heart 'n Hands Mission Amazon Wish List](#) (click on link for our wish list.)

Thank you for your support!

Heart 'n Hands Mission, 395 Valley Road, Wayne, NJ 07470 973-694-8316